



HOW TO RESPECT YOUR ELDERS

Lack of respect for elders is growing. Why is this so?

Have you been told that you don't respect your elders enough? Maybe you just don't know how.

1. **Never refer to them by their first name, unless asked to.** Always address their last name with "Mr.", "Mrs.", or "Miss". This is an important sign of respect. Always call the person by whatever they prefer, whether that is "Miss Smith", "Lily", or even just "Ma'am."
2. **Listen to their advice.** Your elders have lived a lot longer than you, which means they have probably experienced more and have grown very wise.
3. **Offer to help.** They will appreciate any assistance you're willing to give them. Ask to help carry groceries in, hold a door open, or something else that is simple but genuine.
4. **Use basic manners.** A simple please and thank you can mean a lot. Always be polite and

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

テキスト全文はレッスン受講時に担当講師よりお受け取りください。