

10 Rules for a Good Day



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Reading

1. TODAY I WILL NOT STRIKE BACK

If someone is rude or unkind, I will just stay calm & collected and walk away.

2. TODAY I WILL ASK GOD TO BLESS MY "ENEMY"

If I come across someone who treats me harshly or unfairly, I will quietly ask God to bless that individual. I understand the "enemy" could be a family member, neighbor, co-worker, or a stranger.

こちらはサンプルです。テキスト全文は受講時に担当講師よりお受け取りください。

You can see the whole lesson from your teacher, please ask them to send it to you before the class.