

Have You Ever "Spilled the Beans? "

Vocabulary:

spill

-to pour something out of its container, usually by accident

Example: She spilled milk on the floor.

fiber

-plant material that cannot be digested but that helps you digest other food

Example: Broccoli is a good source of fiber.

clay

-a heavy, sticky material from the earth that is made into different shapes and that becomes hard when it is baked or dried

Example: She is making a pot from wet clay.

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Beans are a popular food in many countries. Rich in fiber, protein and nutrients, beans are a healthy, plant-based food.

So, spilling the beans at home or in a store would not be good.

"Spilling the beans" when you communicate with others is also a bad thing.

※You can see the whole lesson from your teacher, Please ask them to send it to you before the class.

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